

School, Sports, and Camp Physicals

Available at no cost (\$0) to you!



Keeping kids healthy is a top priority, and some schools, camps and sports teams may require a child to get a physical exam to identify potential health issues, make sure they are up to date on vaccinations and ensure they are growing and developing properly.

If your child needs a physical exam, schedule an appointment at Union Wellness Centers. Your care team will offer a complete school or sports/camp physical* – all at no cost to you!

What's included in a physical exam?

- Height and weight measurements
- Blood pressure and pulse check
- Vision and hearing test dependent on age
- Physical examination including heart, lungs, abdomen, ears, nose and throat, and hernia check if clinically indicated
- Assessment of joints, posture and physical development
- Assessments for developmental milestones and mental health
- Discussion about health history and any changes in health, including sleep, exercise and diet habits

What to bring

- Paperwork provided by the school, organization facilitating the sport or camp activity and any additional documentation noted in the required paperwork not already listed below
- Child's immunization records
- A list of current medications
- Any allergies or chronic medical conditions
- A summary of recent illnesses, injuries or surgeries
- Family health history



Schedule an appointment
Call 312-421-1016
or visit my.marathon.health

